

Instruments of Healing: A Biblical Guide to Sickness and Recovery

Sickness and suffering are a "heartbreaking reality" resulting from the spiritual fall. While God is the ultimate Healer, believers are called to be His instruments during this "already, but not yet" era of restoration.

Understanding the "Doctrine of the Groan"

The Reality of the Curse

Sickness is a spiritual consequence of a world subjected to "futility" and decay.



The "Already, Not Yet" Era

Healing is available now, but universal restoration only happens when Jesus returns.



God is the Healer

Through the cross, Jesus reversed the curse to cancel sin, sickness, and death.



How to be an Instrument of Healing

Under-Promise and Over-Deliver

Remind others that God is loving and present, even when immediate healing is not guaranteed.



Offer Gentle Prayer

Pray in the name of Jesus with compassion rather than shouting or performance.



Embrace Diverse Channels of Healing

Value medical professionals, medicine, and healthy habits alongside spiritual anointing by elders.

