

Work That Worships

A Week of Everyday Grace

Five days to discover that your ordinary work — paid or unpaid, loved or dreaded — is holy ground where God meets you.

Day 1 - Monday: God's Gift of Work

A Note Before You Begin: Sunday we heard that work isn't a curse to escape but a gift God built into us — good, God-glorifying, and yes, hard. This week, let's sit with that truth one piece at a time, from Monday's quiet reflection to Saturday's shared hope.

Scripture Reading: Genesis 2:1-3, 15

Reflection:

Before sin, before struggle, before Monday alarms and inbox dread — there was work. God worked six days, then rested. Then He placed you in a garden with a job: tend it, watch over it. Not as punishment. As gift.

You may open your calendar today and feel dread, not delight. But pause. Whatever fills your hours — laundry, spreadsheets, diapers, meetings — was God's idea first. He didn't create work as an afterthought for a fallen world. He created it as part of a very good one.

Today, notice one task you'd normally rush past. A load of dishes. An email. A phone call. Before you do it, whisper: "This is Yours before it's mine." Let that small pause reframe the whole day.

Application Question: What's one task on your plate today that you've been treating as a burden rather than a gift — and what would change if you saw it differently?

Day 2 - Tuesday: Every Square Inch

Scripture Reading: Colossians 3:17, 23-24

Reflection:

Here's a question worth sitting with: Is there a "spiritual" version of your day and a "regular" version? Sunday's message pushed back hard on that split. Whatever you do — in word or deed — do it in Jesus' name. Not just the Bible study. The budget report too.

This is freeing, isn't it? You don't need a platform or a pulpit to worship God with your work. The parent buckling a car seat, the nurse charting vitals at 2 a.m., the retiree weeding a garden bed — all of it can be offered to God, "as something done for the Lord..."

The catch is the word "whatever." That includes the tasks nobody sees, and nobody thanks you for. Especially those.

Try praying before your next task, out loud if you can: "Lord, this is for You. Use it for my good, for someone else's good, and for Your glory."

Application Question: Which part of your life have you quietly filed under "not spiritual" — and what would it look like to bring that part to God today?

Day 3 - Wednesday: When Work Hurts

Scripture Reading: Genesis 3:16-19

Reflection:

Let's be honest about something Sunday's sermon didn't dodge: work is hard. Not occasionally hard — bone-deep, thorns-and-thistles hard. Genesis 3 doesn't sugarcoat it. Because of sin, labor became painful labor, family became complicated, and effort doesn't guarantee ease.

If you're exhausted right now — from a job you can't quit, a caregiving role nobody applauds, a ministry that drains more than it fills — you're not failing at work. You're living in a world that groans, just like the ground Adam tilled.

But here's the strange mercy in that curse: the friction keeps you from worshipping work itself. If it were all ease and reward, you'd never need God. The hard days are actually invitations — not to quit, but to lean.

Bring today's specific frustration to God by name. Don't tidy it up for Him.

Application Question: Where has the difficulty of your work tempted you to find your identity or comfort somewhere other than God?

Day 4 - Thursday: Rest Isn't Retreat

Scripture Reading: Genesis 2:2-3; Exodus 20:8-11

Reflection:

You may feel guilty resting. Like stopping means falling behind, or worse, being lazy. But look again at Genesis: God worked six days and rested the seventh — and called that day blessed and holy. Rest isn't the absence of God's favor. It's soaked in it.

Sunday's message named something the Dutch have a word for — *niksen*, doing nothing on purpose. That's not a modern wellness trend; it's a design feature. Your body and soul were built to need recovery, not just output.

If you measure your worth by your productivity, rest will always feel like failure. But if you believe you're already loved by a God who rested first, rest becomes worship too — a way of trusting Him with what tomorrow needs, instead of grabbing it yourself.

Today, take fifteen unhurried minutes with no goal attached. Let it be enough.

Application Question: What is it costing you — physically, emotionally, spiritually — to keep pushing without real rest, and what's stopping you from stopping?

Day 5 - Friday: Made For This

Scripture Reading: Ephesians 2:8-10

Reflection:

You weren't just born to work — Sunday's message ended here, and it's worth ending your week here too — you were reborn to work. Ephesians 2 says you're God's workmanship, saved by grace, created in Christ for good works God prepared in advance for you.

Notice the order: grace comes first. You're not working to earn love or prove usefulness. You're already accepted. Now you get to walk into work God has already prepared, specifically for you, before you even took your first breath.

Today, look back over the week — the tasks, the frustrations, the rest — and see them as evidence you're exactly where God placed you, doing exactly what He's equipping you for.

Tonight, name one "good work" from this week you almost missed because it looked too small to matter.

Application Question: If you truly believed every task this week was prepared for you by God, what would you do differently tomorrow?

Saturday: Weekend Reflection

This week you sat with work as gift, as worship, as struggle, as rest, and as calling — five facets of the same truth Pastor Peter opened up on Sunday. None of it was meant to be carried alone. Bring what you've noticed this week — the frustration, the small victory, the moment of rest — into worship with your church family on Sunday, where your work and theirs are woven into something bigger than any of us could build alone.